

MOTUEKA 50+ WALKING GROUP

Minutes for the monthly meeting 27 June 2024

- **Welcome–**

Welcome everyone to this meeting in June 2024

New members –Jo Kay, Robert Jones, Kathy Wilde, (*if present, but welcome anyway*) –

Visitors:. Kristine Blacklaws

Apologies: Mary Devine, Polly Dyson, Maureen Harris, Muriel Hope

- **Information requiring clipboard distribution.**

None.

- **80th Birthdays & Other Significant Events**

Ask the meeting if any ‘unknown’ (80) birthdays or other significant events

Bevan Cook is 80.

Cliff Bacon had a late acknowledgement of being over 80!

Almoner’s Report: Norah

Moppie Sharples passed away recently and will be sadly missed.

I minute silence as we remember Moppie and her many contributions to our Walking Group. Anita sang a very moving Irish blessing for Moppie. Thank you Anita.

Polly Dyson will be fundraising for hospice in memory of all the support Moppie had. Donations can be sent to Polly for this line-dancing event.

100th birthday: Ann Adams. Norah visited Ann for her birthday and reported that Ann is very bright and cheerful and remembers many good times and excursions with the group.

- **Morning Tea Roster**

Thanks to Peter and Trish for our morning tea.

Thanks to Bevan for arranging the seating and Sandra Ingram for sorting the meeting badges.

- **Minutes of Last Meeting**

April 18 meeting minutes have been emailed to you all and are on our website.

Show of hands who read them?

Ask for a person present at that meeting to -

Move that the Minutes of the April 18 2024 meeting are a true and correct record.

Mover: Lee Manning

Seconded: Sharon McCarthy

Carried.

Any business arising from these minutes?

Assuming approved: **Sign a copy of the April minutes.**

- **Treasurer’s Report**

Bill will present his report including forecast spend items and an update on our naughty list.

Many thanks to all those who paid online and on time.

Total balance in the bank \$3350 of which \$1854 held in reserve for forecast expenses.

There are only a few subs left outstanding. It is possible some people are away and not receiving emails. If you know anyone who may have missed the subs deadline please let us know.

Bill to propose the adoption of the report.

Seconded: Tony Pearson

Passed.

Karen

- **Membership:** Current statistics

Members 166 Honorary 56 Godwits 1

- **Correspondence—**

A good response from the Baton article in the Guardian and some new member enquiries received.

Resignation from John McArthur as Secretary.

Usual walks notifications

Enquiry from a Guardian reporter for another article about us. These are our best publicity and the Estuarians will be meeting for a walk, talk and photo opportunity on Thurs July 4th.

Subs reminders.

Please check spam/junk box and let me know if you are not receiving our emails.

- **Reports from previous month's walks/events**

April 18 meeting and BBQ a bit light in numbers, possibly due to school holidays, but enjoyed by those who attended.

9 May Walk 1 Climbed Ben Nevis. Challenging but very worthwhile walk.

6 June excellent turnout for Walk 3 to the Ngawhatu Marsden Valley after Jims very informative article. Having Fran present for personal experience was a bonus. Thank you to both Jim and Fran.

June 20 W3 report from Peter Beaumont about the new Wai-iti river ramble. A most enjoyable outing on good tracks and well sheltered for morning tea stop.

Instructions for coming month's walks: Fizz and Geoff McBride in Melbourne, but working remotely!

As it is winter, all local walks. Pls support F and G by volunteering to be a L or TEC.

July 4 LOCAL COAST \$3

Walk 1 Ruby Bay Hinterland M1

Walk 2 Ruby Bay hinterland E3

Walk 3 Ruby Bay Mapua circuit (high tide 0800hrs) E2

July 11 NELSON \$11

Walk 1 Maitai-Tantragee-Sharland Hill M2

Walk 2 Maitai-Tantragee -Brook M1

Walk 3 Maitai Walkway to Arboretum and return E2

July 18 LOCAL COAST \$3

Walk 1 Kina Beach Circuit from Tasman (with extra) HT 0700hrs M1

Walk 2 Kina Beach Circuit from Tasman E2

Walk 3 Kina Beach Walk from Campsite E1

July 25 Meeting at RSA 9.30am cuppa, then 10am Meeting

Followed by Dominion Flats/Seaton Valley Circuit E2 \$4 (Tony and Viv away)

Contact details for each monthly Walks Organiser are on the quarterly programme. Also secretary contact details if you require more information. These are also on the quarterly programme on the website.

- **Planning Committee meeting: TP**

Meeting held 13 May 2024

We have some new walks coming up and recce's being done for others. An old after meeting walk on Davie's farm looks to make a comeback.

Tony thanked Jim for all his work on the Kaiteriteri bike trails and Ngawatu allowing some good routes to be determined.

Thanks to Bob for his work getting a new block at Punawai so we can avoid the quarry.

We are still being affected by closures for forestry logging but no longer fire restriction.

Riwaka forest is open again with permits, but a recce is needed.

Closer, shorter, less exposed walks this month reflect winter conditions.

Succession issues and low membership numbers mentioned.

Next Planning meeting Monday August 19 at the RSA 09.30am. Everyone who has something constructive to contribute is welcome.

- **Health and Safety Matters**

A few reminders:

Pls stay **BEHIND** the Leader. He/she sets the pace according to the **WHOLE** group. This means you need to be patient with any slower mbrs. Next time it maybe you.

Pls do not ask the leader to swap groups **AFTER** the walk has started. This creates difficulties for the leaders, safety, car-pooling and koha.

Now it is winter, please do not wear **JEANS** or any **COTTON** clothing. Especially all our **MALE** mbrs.

Jeans are made of cotton. Why is cotton bad for hiking? .

Cotton readily absorbs and retains water, leaving you wet, which is a dangerous situation in both cold and hot weather. Cotton has poor insulation, is a poor wicking fabric, does not breathe well and does not move the moisture away from your body. So, when it gets wet, it does not dry out quickly. Rain jackets are not very breathable and you end up sweating more from the inside out.

What are some alternatives to wear as hiking trousers?

Wool. Why? Wool is breathable so prevents sweating. Wool insulates, even when wet, as wool has air gaps in its fibres.

Polyester is also good for hiking as it does not absorb water well and has a wicking action.
(Capillary action)

Safety Skills. The dummy beacon is on the table for anyone to have a play with and see how it works.

General Business

Karen

A reminder to everyone that if you would like access to the group maps, email secretary at

secretary50pluswalkers@gmail.com who can forward your email to our password provider.

Remember that this PW is CONFIDENTIAL and not to be shared with other walking groups.

If members have any changes to their address or phone numbers, can they let Karen know.

Karen has taken back the secretary duties due to John's resignation. Many thanks to John for all his effort, especially during his illness and injury. **We are again looking for a new Secretary PLEASE!** Karen has already volunteered for 3 years and it is time someone else steps up. If you go overseas or away on holiday, we can cope with that and stand in for you temporarily. We are a very good supportive team.

Replacement name badges: Kindly handmade by our member Clive Dyson. Email Karen or Polly if you would like one. \$2 to sales table.

Sales Table Report:

Ask for the Sales Table totals: Lee or Vivienne. \$56 thank you all for supporting our sales table.

Next meeting July 25th, same time and place.

Bear report: Anita reported some interesting aspects of her recent holiday including a bear experience in British Columbia. A mother grizzly and 3 cubs reported to locals was treated very casually by locals. The next day they are spotted again as our president was leaving their camp. They jump out of their camper and run along the road for better photos but, where is mother bear. Her appearance caused a quick exit back to safety and some strong criticisms from the locals about not associating with the wildlife. Anita also read out a very interesting poem called food for thought about how good life as a bear would be.

Mid- winter lunch Club Waimea Richmond. TP to explained logistics and arrival of the bus for those using it.

Meeting Closed at 10.45am.