

MOTUEKA 50+ WALKING GROUP

Minutes FOR QUARTERLY MEETING 28th September 2023

- **Welcome—**

Welcome everyone to our quarterly meeting in September 2023,

New members – Lael Kucera, Sharon McCarthy, Sharon Allen, Sam Oakely. (*if present, but welcome anyway*) –

Visitors:

Apologies- Bill Heritage, Norah Morris, Gwen Brookes, Judy Fisher, Moppie Sharples.

- **Information requiring clipboard distribution.**

None.

- **80th Birthdays & Other Significant Events**

Ask the meeting if any ‘unknown’ (80) birthdays or other significant event

Judy Fisher 80th birthday.

- **Almoner’s Report: Karen**

Two past and sadly missed members: Bernie Crutchley and Alan Vincent passed away recently.

Our condolences to their partners, families, and friends.

Steve Gately is home and doing very well.

Frances Neumann is recovering her feistiness after arguing with a car on a pedestrian crossing.

Some phone calls to check that members are doing ok.

- **Morning Tea Roster**

Thanks to Lindsay and Ruth for our morning tea.

Thanks to Bevan for arranging the seating and Sandra for sorting the meeting badges.

- **Minutes of Last Meeting**

June 29 meeting Minutes were emailed to you last Friday and are on our website.

Show of hands who read them?

Ask for a person present at that meeting to -

Move that the Minutes of the June 29th 2023 meeting are a true and correct record.

Mover: Tom Macartney.
Seconded: Wayne Chisnall.
Carried.
Amendment(s)

Assuming approved: Sign a copy of the June minutes.

Any matters arising from these minutes?

Yes: Search Walks link now working correctly. Many thanks to Team Hope.

• **Treasurer's Report**

As Bill sent his apologies, Tony will present his report including forecast spend items.
Total balance in the bank \$2985.87 of which \$1059 held in reserve for forecast expenses.

Tony to propose the adoption of the report.

Seconded: Neville Bibby and Daph Hamilton.
Passed. Yes.

Karen

- **Membership:** Current statistics
Members 165 Honorary 54 Godwits 1

• **Correspondence**

Karen –

Thank you Petreah for looking after the group computer in July and sorting correspondence during that time.

Petreah also wrote two articles about our group, with photos, which appeared in the local paper:

One article promoted our Walking group, and the other was about our recent First Aid Course.

Other correspondence included an Active Aging Expo invitation, this Sunday October 1st.

Co-ordination the Expo presentation and volunteers. Anita will speak about this in General Business.

A very nice thank you from Elsa Lally for her 80th birthday card.

Reminder about first aid refresher which 32 people attended.

Information concerning the upcoming boat trip to ATNP.

Please check spam/junk box and let me know if you are not receiving our emails.

• **Reports from previous month's walks/events**

August 10 walk to High Peak cancelled due to weather but walked on August 24. The walk was very good, but a member's car was damaged underneath when instructions to the start point were confused and cars went up a track not suitable for low ground clearance cars.

August 17 Dickers Road Tasman was changed to ATNP and Holyoake triangle.

August 31 Boys Brigade hut and Mt Campbell. Walk 1 went through bush from Loyds Hut to Rocky River Rd and up to Mt Campbell comfortably and safely. A very challenging walk though.

September 7 Richmond hills closed. Kina beach walk on a nice sunny day. No walk 1.

September 14 walk's 2 and 3 went ahead but no walk 1 to Fringed Hill via 3rd house. Walk 3 had a long day and some deep river crossings to contend with but most seemed to enjoy the unusual workout.

- **Instructions for coming month's walks:** New Koha rates stated on the programme.

October 5: Tony Pearson organiser boat from Kaiteriteri cancelled. 9.00 am Takaka Hill \$6.

Walk 1: Takaka Hill Walkway (M2)

Walk 2: Takaka Hill Walkway Slower (M1)

Walk 3: Shortened Takaka Hill Walkway (E1)

October 12 Kevin Piper organiser Richmond /Nelson 9.00 \$10 Walk on thanks to Kevin and Jim but beware of ongoing forestry.

Walk 1 Jenkins Hill via Barnicot and Involution (H1)

Walk 2 Barnicoat via Glider Road and Involution (M3)

Walk 3 Marsden Valley Bush Walk

October 19 Neville Bibby Richmond Hills 9am \$10

Walk 1- Richmond Hills. Details to be emailed.

Walk 2- “

Walk 3- “

October 26 Neville Motueka Valley 9am \$7

Walk 1 Greenhills Fire lookout (M3)

Walk 2 Greenhills Fire lookout slower (M3)

Walk 3 Greenhills towards lookout (M2)

This is for October of the next quarter. The rest of the quarter will be notified in the usual monthly way and will be on the website and on the quarterly programme.

Contact details for each monthly Walks Organiser are on the quarterly programme. Also secretary contact details if you require more information. These are also on the quarterly programme on the website.

- **Planning Committee meeting:**

Held on Monday 14th August 9.30am at the RSA.

Decision to increase Koha to 12cents /k from 1st Oct 2023.

Also to increase rough road surcharge to \$4 and a minimum Koha of \$3.

Website review: Anita to check details.

Planning Committee Meeting held on Monday 28th August 9.30am at the RSA.

Programme for next 3 months discussed in detail. (Oct, Nov, Dec)

Discussed Jim's suggestion of a 'Mt Arthur Summit Club' for this year.

I will speak about this in General Bus.

Planning for the 4 yearly Walk planner is underway with a meeting planned for the **30th October at the RSA** for final approval. Many thanks to Tony, who has spent many hours on this, including on an aircraft enroute to his Brisbane holiday!

Next meeting Monday 27th November at the RSA 09.30am.

- **Health and Safety Matters**

It is important that people assess their own capability of doing a planned walk by looking at the walk's description on the website or on the walks map and email distributed the week before the walk.

When volunteering your car for a walk, check parking positions, availability, and road conditions. In other words, read the fine print!

Good news: Fluro worn by 3 members of W3 in KMTB Park last Thurs. L = fluero vest, TEC = fluero pack cover, another member = yellow DF bag attached to outside of her pack! Very creative! All cyclists could spot them early and pass safely.

Bad news: On another walk recently, one member wore jeans, one member wore sandshoes and several members who needed walking poles did not bring them! There were 6 river crossings up to my mid-calf.

I was asked by this member 'What is wrong with jeans?' Can anyone here answer this q?

Cotton absorbs too much water: up to 2700% of its own weight in moisture.

Poor at regulating temperature: especially when we stop to rest.

Long drying time: dries very slowly, therefore contributes to body heat loss.

It's heavy: heavier than wool clothing, especially when soaked with sweat.

What is wrong with wearing sandshoes? No ankle support, less tread for grip, wetter & colder feet, increases risk of twisted ankles and slipping over...

What is wrong with crossing a river without a walking pole? increased chance of falling into water, slipping over, losing your balance, getting even more wet, hyperthermia...

I call my pole 'my third leg!'

General Business

Karen

A reminder to everyone that if you would like access to the group maps, email secretary at secretary50pluswalkers@gmail.com who can forward your email to our password provider.

If members have any changes to their address or phone numbers, can they please let us know.

The AGM is scheduled for 11th April 2024, due to Easter and Anzac falling on Thursdays and Committee members being on holiday.

Active Aging Expo, Sun Oct 1st: to celebrate this year's 'International Year of the Older Person' Theme is being ACTIVE. We will have a site inside the Big Hall, with a huge map of all our Walk Areas, surrounded by colour photos of members walking in rain, snow, river crossings, board walks, rocky terrain, beaches etc.

There will be 32 sites in total and we are the only Walking Group to advertise, so we hope to get some more new members through this personal contact.

So come along and support us, enjoy the entertainment, and give some activities a go!

Mt Arthur Summit Challenge: As discussed at our committee mtg, I will send an email asking for expressions of interest for this challenge, scheduled for Feb 1st.

2024 Away Trip: Tony to 'test the waters' and discuss proposals. Proposed possibility of 2 away trips but only 2 or 3 nights away. Blenheim 18 to 21 March 2024 and Collingwood 11 to 14 November 2024.

Replacement name badges: Kindly handmade by our member Clive Dyson. Email Karen or Polly if you would like one. \$2 to sales table.

Pack or hat badges now available at \$20 each. If you do not buy them at the meeting, Karen will have them at the REC Centre on Thursdays.

Sales Table Report

Ask for the Sales Table totals: Lee or Vivienne. Lots of items but most left unsold. \$69 made.

Safety Skills: Mark: PLB demonstration and instructions for best use. Look for a 'clear sky area' for best transmission. Try to keep clear of cliffs, over hanging rocks and dense canopy. Be visible for the rescuers, by spreading out your emergency blanket.

Guest Speaker: Alistair Sheat, Chairman of Abel Tasman Birdsong Trust. Very interesting talk about history of the Abel Tasman National Park and volunteering in many forms. Also mention of proposal of a small predator proof fenced area to improve breeding of some species.

Intro: Anita

Neville: vote of thanks with wine and card

Next quarterly meeting on January 25th 2024. Same time and place.

- **Meeting Closed**
Anita closed the meeting at 12.07.

Alistair Sheat emailed his apologies for talking too much!